

FOR IMMEDIATE RELEASE

TRANSITIONS, A LOCAL NONPROFIT HELPING WOMEN, PARTNERS WITH LOCAL ARTISTS TO SHOW THE POWER OF WOMEN THROUGH ART.

Spokane, WA—Transitions is partnering with local artists to bring fashion, music and dance to the Bing through the Angry Woman Cabaret variety show on April 5, from 7-9 p.m. Tickets are \$10 and available at Ticketswest.com, or at the door. Proceeds benefit Transitions.

Coordinated and produced by local artist, belly dancer and vegan Nicole Richardson, The Angry Woman Cabaret is a statement showing the massive scope of women's contributions to the entertainment and arts.

"People often equate feminism in the arts with sexuality," says Nicole. "This show demonstrates that women are more than that, and can still have great influence in the entertainment and art industry."

Transitions is an organization that benefits homeless and low-income women and children by helping them get back on their feet. We provide resources such as transitional housing, as well as opportunities to pursue photography, sculpting and other forms of art. Being a part of this family friendly benefit show is a natural fit and it's a privilege to be a part of it. The evening will cover a broad range of entertainment, as included in this line-up:

Music and Dance:

Jaeda
Laylah's Drink
Beyond The Storm Drum Corps
Nicole Richardson
Kamara
Millwood Ballet Theater
Bella Courbe
Tangled Roots

A Fashion Show featuring:

Veda Lux
Kristy Carey/Vintage Fusion Jewels
Gianna Morrill
Comedy with Rheannon Hawkins!

Since 1995, Transitions has been helping women, children, and families trying to rebuild their lives broken by abuse, addiction, mental illness, poverty, and homelessness. Transitions maintains five programs: Women's Hearth, Miryam's House, Transitional Living Center, EduCare and New Leaf Bakery & Cafe. For more information about how you can support the work of Transitions, call 509-328-6702, email vista@help4women.org, or visit our website at help4women.org."