

**Contact:**

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**LOW-INCOME And HOMELESS WOMEN FIND THEIR INNER-ENTREPRENEUR THROUGH TRANSITIONS**

Transitions: Local Nonprofit Encourages Low-Income And Homeless Women To Turn Their Talents Into Business Through Craft Fair: Saturday, Sept. 8, 10 a.m.-3 p.m. Cash Only.

Transitions' Women's Hearth, a drop-in center for low-income and homeless women, is hosting a craft fair on Saturday, September 8, from 10 a.m.-3 p.m. Similar in form to a Saturday market, this craft fair provides the opportunity for low-income and homeless women to become self-sufficient by selling their crafts and art including jewelry, knitted/ crocheted blankets and more.

Last year, nearly half of the 1,200 women who visited the Hearth were homeless. Yet a large number of them are participating in the WH's craft fair, investing \$5 for the opportunity to sell their items and capitalize on their talents. The WH did a similar event last year and one woman made almost \$100 from selling her "scrubbies." She practiced her marketing skills by making a sign that included pricing and a long list of potential uses for her scrubbies, including cleaning the shower, sink or counters, or exfoliating a person's face.

Art is a huge emphasis at the Hearth. It's therapeutic and provides an opportunity for women to bond, creating the family-like atmosphere the WH is so well known for. Many women who visit the WH knit blankets and donate them to charities, giving back and contributing to the community in a way they can afford and enjoy.

This is more than an opportunity for women facing the challenges of homelessness and poverty to capitalize on their talents, often overlooked. It's a chance for the Spokane community to intertwine and connect, stretching beyond their immediate circle of acquaintances.

"When women have an opportunity to learn job skills and work with the public, they are inspired to consider new opportunities for themselves. This craft fair gives them a chance to dream big and reach beyond their usual experiences," said Edie Rice-Sauer, Program Director of the Women's Hearth

Since 1995, Transitions has been helping women, children, and families rebuild their lives broken by abuse, addiction, mental illness, poverty, and homelessness. Transitions maintains five programs: Women's Hearth, Miryam's House, Transitional Living Center, EduCare and New Leaf Bakery & Cafe. For more information about how you can join our work to end poverty and homelessness for women and children in Spokane, call 509-328-6702, email [award@help4women.org](mailto:award@help4women.org), or visit our website at [help4women.org](http://help4women.org).

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