



PRESS RELEASE

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FOR IMMEDIATE RELEASE

Local Businesses Team Up to Offer Dignity to Women in Spokane

On Tuesday, May 9, 2017 from 10:00 a.m. to 3:00 p.m. Transitions Women's Hearth and Volunteers of America's Hope House will team up to celebrate a Day of Dignity by honoring the women who find safety, support, and community at Transitions' day shelter.

More than 1,400 women experience homelessness each night in Spokane and this day is designed to relieve some of the stress and pressure they experience. Activities will include donated items from Project Beauty Share, bra fittings by Breast Intentions with the receipt of a new bra donated during Mardi Bras.

Women will also have access to a "Nail Swap" doing their own nails or helping someone else do their nails and haircuts donated by local stylists. Tomato Street will provide lunch for the women.

"We wanted to celebrate the women we serve by offering a time to appreciate their worth. This is particularly important so close to Mother's Day which can be difficult for women separated from their children and families. At Transitions we think every day should be Dignity Day."

To support Dignity Day, the Women's Hearth, or Hope House please consider donating your time as a volunteer, making an investment in the programs, or scheduling a tour. Contact information provided below.

Transitions: Since 1995, Transitions has been helping women, children, and families rebuild their lives affected by abuse, addiction, mental illness, poverty, and homelessness. Transitions is made up of five programs: Women's Hearth, Miryam's House, Transitional Living Center, EduCare and New Leaf Bakery Cafe. For more information about how you can work to end poverty and homelessness for women and children in Spokane, call 509-328-6702, email mtracey@help4women.org, or visit our website at help4women.org