



FOR IMMEDIATE RELEASE

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GROWTH AND WHOLENESS CELEBRATED BY TRANSITIONS

Spokane, WA: On October 2nd, community members will join local organization Transitions for the 16th annual “People Who Care” event. With a mission to end poverty and homelessness for women and children in Spokane, Transitions will share highlights of the past year, and provide a look toward the future.

Keynote speaker, Carol Allen, and program participants representing connections to Transitions’ six programs, will relay a few of the stories related to this year’s event theme of “Growth and Wholeness” – a key value of the organization:

“We believe each individual is a work in progress on a journey toward integration of mind, body and spirit, with the hope of financial stability, emotional, physical and spiritual peace.”

Transitions hosts two separate events on Tuesday, October 2nd, at Centennial Hotel Spokane (formerly Hotel RL by Red Lion Spokane at the Park):

- Breakfast: doors open at 7:00am, program 7:30am – 8:30am
- Lunch: doors open at 11:30am, program 12:00pm – 1:00pm

In 2017, Transitions was honored to be part of the lives of 1,729 women and children, and accomplish the following:

- 31 women found employment
- 82 women moved into permanent housing
- 23 women furthered their education
- 18 children received trauma-informed instruction

Transitions works to end poverty and homelessness for women and children in Spokane, WA. To achieve this mission they operate six programs—Women’s Hearth, Miryam’s House, Transitional Living Center, EduCare, New Leaf Bakery Cafe, and Home Yard Cottages—providing safety, support and opportunities to learn skills for success. For more information about how you can join our work to end poverty and homelessness for women and children in Spokane, call 509-328-6702, email info@help4women.org, or visit our website at www.help4women.org.

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