



FOR IMMEDIATE RELEASE

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## **KXLY EXTREME TEAM REALIZES TRANSITIONS' DREAM**

**Spokane, WA:** The kitchen is the heart of the home, and for the formerly homeless moms and their children living at Transitions' Transitional Living Center (TLC) that rings just as true. The KXLY Extreme Team has chosen TLC's kitchen and family room for a major remodel the week of February 25<sup>th</sup> – 28<sup>th</sup>, bringing the moms what can only be described as the kitchen of every person's dreams.

To renovate a 350 square foot kitchen in a building that was built in 1896 will take a village. Fortunately, volunteers from a multitude of local businesses, many of them woman-owned, will be offering their skilled assistance. Along with hours and hours of time, companies are donating beautiful new cabinets, paint, carpet cleaning, and more.

The new beauty and functionality of the space will allow for nutrition classes, comfy mom group meetings, and a host of other activities inspired by the goal of long-term self-sufficiency.

"We are so thrilled to have this opportunity for the women and children we serve at TLC," Edie Rice-Sauer, Executive Director of Transitions, said excitedly. "We've wanted to renovate the kitchen as long as I've been here—about 7 years—but there was always something else that had to take priority."

Now the Extreme Team is making that dream come true at the end of February, allowing hundreds of families over the next several years to enjoy a safe, warm, functional space as they work toward stability while living in this transitional housing program.

In 2018, 23 moms lived at TLC with 59 children; 9 moms obtained housing and 11 found employment.

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Transitions works to end poverty and homelessness for women and children in Spokane, WA. To achieve this mission they operate six programs—Women's Hearth, Miryam's House, Transitional Living Center, EduCare, New Leaf Bakery Cafe, and Home Yard Cottages—providing safety, support and opportunities to learn skills for success. For more information about how you can join our work to end poverty and homelessness for women and children in Spokane, call 509-328-6702, email [info@help4women.org](mailto:info@help4women.org), or visit our website at [www.help4women.org](http://www.help4women.org).